

McMillan News

Christian Care Communities & Services: McMillan Apartments | christiancaretexas.org



February Photo Memories



March Birthdays

Donna Barclay – March 1st
Jack Reno – March 4th
Janice Franklin – March 7th
Peggy Kinkade – March 14th
George McNeely – March 19th
Manuel Ortega – March 27th

Dr. Seuss (author) – March 2, 1904
Jackie Joyner-Kersey (athlete) – March 3, 1962
Lou Costello (comedian) – March 6, 1906
Sam Donaldson (journalist) – March 11, 1934
Glenn Close (actress) – March 19, 1947
Chaka Khan (singer) – March 23, 1953
Danica Patrick (driver) – March 25, 1982
Walt Frazier (ball player) – March 29, 1945
Gordie Howe (hockey player) – March 31, 1928

Verses and Voices



World Poetry Day, initiated by UNESCO in 1999, arrives on March 21 to honor globally the artistry and diversity of poetry. It pays

homage to poets who craft words into emotion, images, and storytelling, transcending boundaries and enriching human experiences.

You can mark the occasion by sharing favorite poems with friends or family, attending poetry readings or events, or even trying your hand at writing a short poem. Dive into different poetic styles, from traditional sonnets to modern spoken word, exploring the richness of expression they offer. You might also support local poets or poetry organizations, sharing their work on social media or attending their performances. Whether you choose to write, read, or listen to poetry performed, World Poetry Day invites us to immerse ourselves in the beauty and power of words.

Our Team

Kristen Mazza

Executive Director of the Mesquite Community

Byron Nelson

Director of Independent Living

Riley Israel

Sales Counselor

Latrease Green

Life Enrichment Director

Ramona Paniagua

Business Office

Norma Padilla

Housekeeping Supervisor

Leo Gonzales

Executive Chef

Viviana Gomez

Dining Room Supervisor

Kim Alford

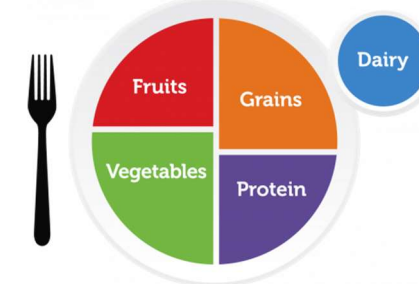
Concierge

Ariana Wess

Administrative Assistant

March is National Nutrition Month!

As we celebrate National Nutrition Month this March, we are excited to invite you to a special nutritional education program led by Denise Munion from Oakdale Seniors Alliance and our very own Chef Leo Gonzales of Christian Care. This enlightening session aims to empower you with valuable insights into nutrition and overall wellness.



Date: Friday, March 15th
Time: 1:30 PM
Place: Greenway

Denise Munion and Chef Leo Gonzales will be on hand to share

their expertise and answer any questions you may have about nutrition and maintaining a healthy lifestyle. Whether you're looking to enhance your dietary habits, manage specific health concerns, or simply learn more about the importance of nutrition, this program is for you.

We believe that knowledge is the first step towards making positive changes in our lives, and what better time to kickstart these changes than during National Nutrition Month?

Please mark your calendars and join us for what promises to be an enriching event as we celebrate National Nutrition Month together. We look forward to seeing you there!




March 2024

9:30am - Morning Show **1**

10:00am - Book End Review Club w/Kim Titus & Lisa Fairchild Presents "Diaries of Adam & Eva"

2:00pm - Movie in The Ritzs *The Hill*



2



CHRISTIAN CARE
COMMUNITIES & SERVICES

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3

9:45am - Worship Service

4

9:30am - Morning Show

LATREASE IS OFF MOD NO WALMART RUN!

5

9:30am - Morning Show -Ch 16
10:00am - Bingo for fun

10:30am - Meeting w/ Latrease

1:30am - Exercise w/Don


2:30am - Exercise your mind w/Latrease

6

9:30am - Morning Show

10:30am - Shopping @Burlington

3:00pm - Painting for Fun w/Latrease



7

9:30am - Balance Class
10:30am - Lunch Outing & The 6th Fl Museum *\$23.00 +Lunch*


10:00am - Music w/Marget

3:00pm - Gathering - GWDR

8

9:30am - Morning Show
10:00am - Swimming w/Latrease
11:00am - TicTok Games

2:00pm - Meet your neighbor at @HARTIN!



9

GAME DAY!

10


9:45am - Worship Service

DAYLIGHT SAVING TIME! TIME GOES BACK!

Ramadan Begins

11

9:30am - Morning Show
9:45 am - Walmart Run
2:00 pm - Spa Outing
2:00pm - Records & Floats



12

9:00 am - Breakfast w/friends

9:30am - Morning Show -Ch 16
1:30pm - Exercise w/Don

2:30pm - Exercise your mind w/Latrease



13

9:30am - Morning Show ch16

10:30am - Coffee, Cake & Conversations

2:30pm - Crocheting w/Peggy (Learning The Three Stitch)

14

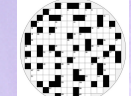
9:30am- Balance Class
9:30am- Morning Show
10:00am - Music w/Marget
2:00pm - Songs w/Ruby
3:00pm - Gathering -GWDR

15

9:30am - Morning Show - Ch 16

10:30am - Crossword Puzzle (Beat the Clock)

1:30 pm - National Nutrition Month Nutrition Workshop-GWVMP



16

GAME DAY!

17


9:45am - Worship Service



St. Patrick's Day

18

9:30am - Morning Show
9:45am - Walmart Run
2:00pm - Records & Floats



19

9:30 am - Morning Show - Ch 16
10:00am - Fun with Bingo -MA
1:30am - Exercise with Don
2:30pm - Exercise your mind w/Latrease

Spring Begins

20

9:30am - Morning Show - Ch 16

11:00 am - Lunch @ Spring Creek

2:00 pm - Birthday Acknowledgements & Games

21

9:30am - Balance Class
9:30am - Morning Show
10:00am - Music w/Marget
3:00pm - The Gathering -GWDR
3:30pm - Total Hearing Care -MP

22

9:30am Morning Show- Ch 16

9:30am Azalea and Spring Flower Trail in Tyler (Day Trip) & Lunch at Chicken Salad Chick

10:30am - Chair Yoga - WC



23

GAME DAY!

Purim Begins


24

9:45am - Worship Service



25

9:30am - Morning Show
9:45am - Walmart Run
2:00pm - Records & Floats



26

9:30am - Morning Show
10:00am - Fun w/Bingo
1:30pm - Exercise with Don
2:30pm - Exercise w/Latrease

27

9:30am - Morning Show

10:30am - Coffee, Cake & Conversations

1:30pm - McMillan Walking Club Laps around the Atrium!



28

9:30am - Balance Class
9:30am - Morning Show
10:00am - Music w/Marget
3:00pm - The Gathering-GWDR

29

LATREASE IS OFF

CAMPUS WIDE EASTER PARADE Parade starts @ 11:00am



30

GAME DAY!

31

9:45 - Worship Service

