

# Hartin News

Christian Care Communities & Services: Hartin Cottages | christiancaretexas.org



## February Photo Memories



## March Birthdays

Barbara Chitwood – March 4<sup>th</sup>  
 Barbara Nowlin – March 11<sup>th</sup>  
 Franes Payne - March 12<sup>th</sup>  
 Claire Ray Swanson – March 14<sup>th</sup>  
 Priscilla Pickard – March 15<sup>th</sup>  
 Kathy Hooper – March 19<sup>th</sup>  
 Becky Magee – March 21<sup>st</sup>  
 Fran Alvarez – March 21<sup>st</sup>  
 Charlene Hurst – March 30<sup>th</sup>  
 Robert Gilbert – March 31<sup>st</sup>

Dr. Seuss (author) – March 2, 1904  
 Jackie Joyner-Kersey (athlete) – March 3, 1962  
 Lou Costello (comedian) – March 6, 1906  
 Sam Donaldson (journalist) – March 11, 1934  
 Glenn Close (actress) – March 19, 1947  
 Chaka Khan (singer) – March 23, 1953  
 Danica Patrick (driver) – March 25, 1982  
 Walt Frazier (ball player) – March 29, 1945  
 Gordie Howe (hockey player) – March 31, 1928

## Verses and Voices



World Poetry Day, initiated by UNESCO in 1999, arrives on March 21 to honor globally the artistry and diversity of poetry. It pays

homage to poets who craft words into emotion, images, and storytelling, transcending boundaries and enriching human experiences.

You can mark the occasion by sharing favorite poems with friends or family, attending poetry readings or events, or even trying your hand at writing a short poem. Dive into different poetic styles, from traditional sonnets to modern spoken word, exploring the richness of expression they offer. You might also support local poets or poetry organizations, sharing their work on social media or attending their performances. Whether you choose to write, read, or listen to poetry performed, World Poetry Day invites us to immerse ourselves in the beauty and power of words.

## Our Team

### Kristen Mazza

*Executive Director of the Mesquite Community*

### Byron Nelson

*Director of Independent Living*

### Riley Israel

*Sales Counselor*

### Miranda Graves

*Life Enrichment Director*

### Ramona Paniagua

*Business Office*

### Norma Padilla

*Housekeeping Supervisor*

### Leo Gonzales

*Executive Chef*

### Viviana Gomez

*Dining Room Supervisor*

### Kim Alford

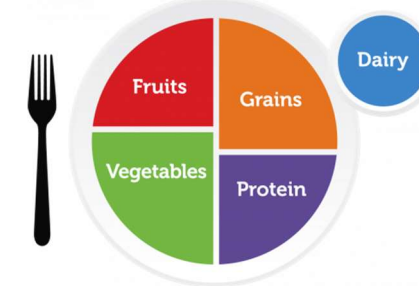
*Concierge*

### Ariana Wess

*Administrative Assistant*

## March is National Nutrition Month!

As we celebrate National Nutrition Month this March, we are excited to invite you to a special nutritional education program led by Denise Munion from Oakdale Seniors Alliance and our very own Chef Leo Gonzales of Christian Care. This enlightening session aims to empower you with valuable insights into nutrition and overall wellness.



**Date: Friday, March 15<sup>th</sup>**  
**Time: 1:30 PM**  
**Place: Greenway**

Denise Munion and Chef Leo Gonzales will be on hand to share

their expertise and answer any questions you may have about nutrition and maintaining a healthy lifestyle. Whether you're looking to enhance your dietary habits, manage specific health concerns, or simply learn more about the importance of nutrition, this program is for you.

We believe that knowledge is the first step towards making positive changes in our lives, and what better time to kickstart these changes than during National Nutrition Month?

Please mark your calendars and join us for what promises to be an enriching event as we celebrate National Nutrition Month together. We look forward to seeing you there!





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2024

<p>9:45 <b>Worship Service - Memorial Auditorium / Channel 16</b> <b>(Check Weekly Planner)</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Sittersize -WC</b></p> <p>3:00 <b>"Oh Baby Theme Trivia"-Swindoll</b></p>	<p><b>Walmart</b></p> <p>Walmart Grocery Run at 9:00AM Check BINGO Numbers</p> <p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Better Balance - WC</b> 1:00 <b>Shopping at Dollar Tree</b> (Bus at 12:45)</p>	<p>9:30 <b>Morning Show -Channel 16</b> 11:00 <b>Book Club Luncheon with Teresa Mazza "Chicken Potpie" - Swindoll Clubhouse</b></p> <p>4:00 <b>Late Night Bingo with "Taco Salad" - Swindoll</b> 6:00 <b>Worship Service -MA</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Lunch Outing &amp; "The 6th Floor Museum" \$23.00 +Lunch</b> 1:00 <b>Catholic Liturgy -Swindoll</b> 2:00 <b>Balance Class with Tod-Swindoll</b> 3:00 <b>The Gathering Worship Services- DR</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Chair Yoga -WC</b> 2:00 <b>Meet a NEIGHBOR under the rainbow-Swindoll</b> (Bus at 1:30)</p>	<p>Wellness Center open from 9 am - 2 pm</p> <p>10:00 <b>Game Day W/ Friends - Swindoll Clubhouse</b></p>
<p>9:45 <b>Worship Service - Memorial Auditorium / Channel 16</b> <b>(Check Weekly Planner)</b></p> <p>Daylight Saving Time Begins</p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Sittersize -WC</b> 2:00 <b>Spa Outing "Oasis Nail Bar"</b> (Bus at 1:45PM)</p>	<p><b>Kroger</b></p> <p>Kroger Grocery Run at 9:00AM Check BINGO Numbers</p> <p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Better Balance - WC</b> 4:00 <b>Night Owls Supper Club "Saltgrass" (Bus at 3:45)</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:00 <b>Donuts &amp; Coffee with Miranda-SC</b> 1:00 <b>Crossword Puzzles, Pie &amp; Coffee -SC</b> 6:00 <b>Worship Service -MA</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Brunch at Greenway- Cost \$13.00 GWDR</b> 1:00 <b>Catholic Liturgy -Swindoll</b> 2:00 <b>Balance Class with Tod-Swindoll</b> 3:00 <b>The Gathering Worship Services- DR</b> 4:00 <b>Pop on over for Movie Night "The Hill" Ritz Theater</b> (Bus at 3:45)</p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Chair Yoga -WC</b> 10:45 <b>Lunch Outing Braum's &amp; Shopping at Calloway Nursery (Bus at 10:30)</b> 1:30 <b>National Nutrition Month Nutrition Workshop-GWVMP</b></p>	<p>Wellness Center open from 9 am - 2 pm</p> <p>10:00 <b>Game Day W/ Friends - Swindoll Clubhouse</b></p>
<p><b>St. Patrick's Day</b></p> <p>9:45 <b>Worship Service - Memorial Auditorium / Channel 16</b> <b>(Check Weekly Planner)</b></p> <p>St. Patrick's Day</p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Sittersize -WC</b> 3:00 <b>What's Cookin "St. Patty's Bow" -Swindoll (Bus at 2:45)</b></p>	<p><b>Walmart</b> Neighborhood Market</p> <p>Walmart Grocery Run at 1:00PM Check BINGO Numbers</p> <p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Better Balance - WC</b></p> <p>Spring Begins</p>	<p>9:30 <b>Morning Show -Channel 16</b> 11:30 <b>March Potluck Birthday Party "Don't Forget Your Side Dish or Dessert" (Bus at 11:15) - Swindoll</b> 1:00 <b>Ambassador Meeting-SC</b> 6:00 <b>Worship Service -MA</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 1:00 <b>Catholic Liturgy -Swindoll</b> 2:00 <b>Balance Class with Tod-Swindoll</b> 3:00 <b>The Gathering Worship Services- DR</b> 3:30 <b>Total Hearing Care - MP</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 9:30 <b>Arizona and Spring Flower Trail in Tyler (Day Trip) &amp; Lunch at Chicken Salad Chick</b> 10:30 <b>Chair Yoga -WC</b></p>	<p>Wellness Center open from 9 am - 2 pm</p> <p>10:00 <b>Game Day W/ Friends - Swindoll Clubhouse</b></p> <p>Purim Begins</p>
<p><b>PALM SUNDAY</b></p> <p>9:45 <b>Worship Service - Memorial Auditorium / Channel 16</b> <b>(Check Weekly Planner)</b></p> <p>Palm Sunday</p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Sittersize -WC</b> 1:30 <b>Colorist with "Attitude" -SC</b> 2:30 <b>Bingo for Prizes (Bus at 2:00)</b></p>	<p><b>Walmart</b></p> <p>Walmart Grocery Run at 9:00AM Check BINGO Numbers</p> <p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Better Balance - WC</b> 2:30 <b>Shopping at Sprout's Farmer Market (Bus at 2:15)</b></p>	<p>8:45 <b>Breakfast Outing "Chubby's" (Bus at 8:45)</b> 9:30 <b>Morning Show -Channel 16</b> 1:00 <b>Popcorn &amp; Movie "Dirty Dancing" - Ritz (Bus at 12:45)</b> 6:00 <b>Worship Service -MA</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 11:30 <b>Easter Brunch -Swindoll (Cost \$5.00) (Bus at 11:00)</b> 1:00 <b>Catholic Liturgy -Swindoll</b> 2:00 <b>Balance Class with Tod-Swindoll</b> 3:00 <b>The Gathering Worship Services- DR</b></p>	<p>9:30 <b>Morning Show -Channel 16</b> 10:30 <b>Chair Yoga -WC</b> <b>Campus Wide Easter Parade</b></p>	<p>Wellness Center open from 9 am - 2 pm</p> <p>10:00 <b>Game Day W/ Friends - Swindoll Clubhouse</b></p>
<p>9:45 <b>Worship Service - Memorial Auditorium / Channel 16</b> <b>(Check Weekly Planner)</b></p> <p>Easter Sunday</p>						

Activities are subject to change - Please pay attention to Weekly flyer for most up-to-date information. With any questions regarding activities please call (972)698-2602.

Location Key: MP - Multi-Purpose Room, SC - Swindoll, GWDR - Greenway Village Dining Room, CC - Casual Café, WC - Wellness Center, RT - Ritz Theater, MA - Memorial Auditorium, CR - Craft Room, McA- McMillan Atrium