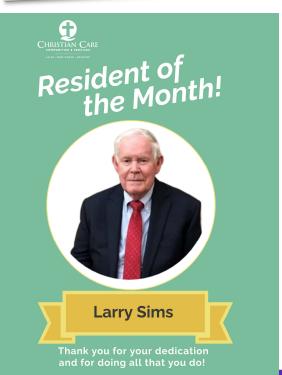
February Photo Memories







March Birthdays

Sandra Haddock – March 11th JV Thomas – March 13th George Biavati – March 16th Mary Fullington – March 20th Mary Lou Adcock – March 23rd

Dr. Seuss (author) - March 2, 1904 Jackie Joyner-Kersee (athlete) – March 3, 1962 Lou Costello (comedian) – March 6, 1906 Sam Donaldson (journalist) - March 11, 1934 Glenn Close (actress) - March 19, 1947 Chaka Khan (singer) – March 23, 1953 Danica Patrick (driver) – March 25, 1982 Walt Frazier (ball player) - March 29, 1945 Gordie Howe (hockey player) - March 31, 1928

Verses and Voices



World Poetry Day, initiated by UNESCO in 1999, arrives on March 21 to honor globally the artistry and diversity of poetry. It pays

homage to poets who craft words into emotion, images, and storytelling, transcending boundaries and enriching human experiences.

You can mark the occasion by sharing favorite poems with friends or family, attending poetry readings or events, or even trying your hand at writing a short poem. Dive into different poetic styles, from traditional sonnets to modern spoken word, exploring the richness of expression they offer. You might also support local poets or poetry organizations, sharing their work on social media or attending their performances. Whether you choose to write, read, or listen to poetry performed, World Poetry Day invites us to immerse ourselves in the beauty and power of words.

March 2024

Greenway News

Christian Care Communities & Services: Greenway Village | christiancaretexas.org

Our Team

Kristen Mazza Executive Director of the Mesquite Community

Byron Nelson Director of Independent Living

> **Riley Israel** Sales Counselor

Karen Davis Life Enrichment Director

> **Ramona Paniagua Business** Office

Norma Padilla Housekeeping Supervisor

> Leo Gonzales **Executive** Chef

Viviana Gomez Dining Room Supervisor

> **Kim Alford** Concierge

Ariana Wess Administrative Assistant

March is National Nutrition Month!

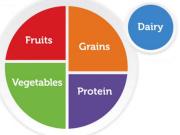
As we celebrate National Nutrition Month this March, we are excited to invite you to a special nutritional education program led by Denise Munion from Oakdale Seniors Alliance and our very own Chef Leo Gonzales of Christian Care. This enlightening session aims to empower you with valuable insights into nutrition and overall wellness.

their expertise and answer any questions you may have about nutrition and maintaining a healthy lifestyle. Whether you're looking to enhance your dietary habits, manage specific health concerns, or simply learn more about the importance of nutrition, this program is for you.

We believe that knowledge is the first step towards making positive changes in our lives, and what better time to kickstart these changes than during National Nutrition Month?

Please mark your calendars and join us for what promises to be an enriching event as we celebrate National Nutrition Month together. We look forward to seeing you there!





Date: Friday, March 15th Time: 1:30 PM **Place: Greenway**

Denise Munion and Chef Leo Gonzales will be on hand to share



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		arch 20)24		10:00 Book End Review - MP "Diaries of Adam & Eve" 11:00 Wreaths, Treats/Gifts - GW Lobby 2:00 Bible Class - Bus Tech 3:00 Friday w/Friends -Lobby 3:30 Ice Cream to-go - DR	2 2:00 Bingo - GR 4:00 Women's Bible Study - MP Wellness Center open from 9am - 2 pm
9:45 Worship Service - MA & Channel #16 2:00 Mexican Train Dominos - GR	9:40 Women's Coffee - MP 10:30 Sittercize - WC 6:00 Bridge - GR Karen Out	9:30 Morning Show Ch #16 5 10:30 Better Balance - WC 10:30 Blood Pressure Check MP 3:15 Cell Phone Workshop - MP Karen Out	9:30 Morning Show Ch #16 6 10:30 Sittercize - WC 2:00 Bingo for Prizes - MP 3:15 Bridge Class - GR 6:00 Worship Service - MA Karen Out	NO Walmart Outing 9:30 Morning show - Ch #16 10:15 Chit Chat - MP 10:30 Better Balance - WC 1:30 Greenway Resident's Meeting - MP 3:00 The Gathering Service - DR Karen Out	9:30 Morning Show - Ch 16 8 2:00 Bible Class - MP 2:00 Meet a Neighbor -Swindoll 3:00 Friday w/Friends - GW Lobby 3:30 Ice Cream to-go - DR International Women's Day	92:00 Bingo - MP4:00 Women's Bible Study - MPWellness Center open from 9 am - 2 pm:
9:45 Worship Service - MA & Channel #16 2:00 Mexican Train Dominos - GR Daylight Savings Time Begins	9:30 Morning Show - Ch #16 1 10:30 Sittercize - WC 2:00 Outing to Oasis Nail Bar 2:15 Movie at the Ritz "Something Borrowed" 4:00 Officer's Meeting 6:00 Bridge - GR	9:30 Morning Show Ch #16 10:30 Blood Pressure Check MP 10:30 Better Balance - WC 2:00 New Resident's Meet & Greet - MP	 9:30 Morning Show - Ch 16 13 10:30 Sittercize - WC 2:00 Birthday Party - DR 3:00 Food Committee - MP 6:00 Worship Service - MA 	9:00 Neighborhood Walmart]4 9:30 Morning Show - Ch #16 10:30 Brunch - DR 10:30 Better Balance - WC 1:45 Penny Auction - RT 3:00 The Gathering Service - DR <u>Ask A Question Day</u>	9:30 Morning Show - Ch 16 15 9:15 Kohl's in Forney 12:30 Rummikub - GR 1:30 Nutrition Workshop - MP 2:00 Bible Class -Bus Tech 3:00 Friday w/Friends - GW Lobby 3:30 Ice Cream to-go - DR	16 2:00 Bingo - MP 4:00 Women's Bible Study - MP Wellness Center open from 9 am - 2 pm
9:45 Worship Service - MA & Channel #16 2:00 Card Class with Ruth - MP St. Patrick's Day	9:30 Morning Show - Ch #16 10:30 Sittercize - WC 2:15 Movie at the Ritz "Amelia" 6:00 Bridge - GR	10:30 Blood Pressure Check- MP 10:30 Better Balance - WC	9:30 Morning Show - Ch 16 20 10:30 Sittercize - WC 2:00 Bunco - MP 3:00 Spring in for some Root Beer Floats - Casual Cafe' 6:00 Worship Service - MA	9:30 Morning Show Ch 16 2] 10:15 Chit Chat - MP 1:00 Walmart 3:00 The Gathering Service - DR 3:30 Total Hearing - MP Last Day to Sign-Up for Supper Club	9:30 Morning Show Ch #16 22 9:30 Azalea Spring Flower Trail in Tyler & Lunch Outing 12:30 Rummikub - GR 2:00 Bible Class - MP 3:00 Friday w/Friends - Lobby 3:30 Ice Cream to-go - DR	23 2:00 Bingo - MP 4:00 Women's Bible Study - MP Wellness Center open from 9 am - 2 pm
9:45 Worship Service - MA & Channel #16 2:00 Mexican Train Dominos - GR <u>Palm Sunday</u>	25 9:30 Morning Show - Ch #16 10:30 Sittercize - WC 2:15 Movie at the Ritz "Risen" 6:00 Bridge - GR	9:30 Morning Show Ch 16 10:30 Blood Pressure - MP 10:30 Better Balance - WC 5:00 Spring Supper Club with Sherry Hamilton - DR	9:30 Morning Show - Ch #16 27 9:45 Antique Mall - Mesquite & Lunch at Spring Creek BBQ 10:30 Sittercize - WC 3:15 Bridge Class - GR 6:00 Worship Service - MA	9:30 Morning Show Ch #16 28 10:15 Chit Chat - MP 10:30 Better Balance - WC 1:00 Neighborhood Walmart 3:00 The Gathering Worship Service - DR	9:30 Morning Show Ch #16 29 Campus Wide Easter Parade 12:30 Rummikub - GR <u>1:45</u> Ambassador's Meeting -MP 2:00 Bible Class - Bus Tech 3:00 Friday w/Friends - Lobby Lobby - 3:30 Ice Cream to-go DR Good Friday	2:00 Bingo - MP 4:00 Women's Bible Study - MP
31 EXAMPLE 1 A SERVICES ALLEN - FORT WORTH - MESQUITE Easter Sunday		Happy Spri	ng and Happy Easter!	II National No	utrition Month	

Activities are subject to change - Please pay attention to flyers in elevators and bulletin boards for most up-to-date information. With any questions regarding activities please call (972)-698-2612. Location Key: MP - Multi-Purpose Room, GR - Game Room, DR - Greenway Village Dining Room, CC - Casual Café, WC - Wellness Center, RT - Ritz Theater, MA - Memorial Auditorium, CR - Craft Room, McA- McMillan Atrium, Bus Tech - Business & Technologies